

# SENIOR SERVICES

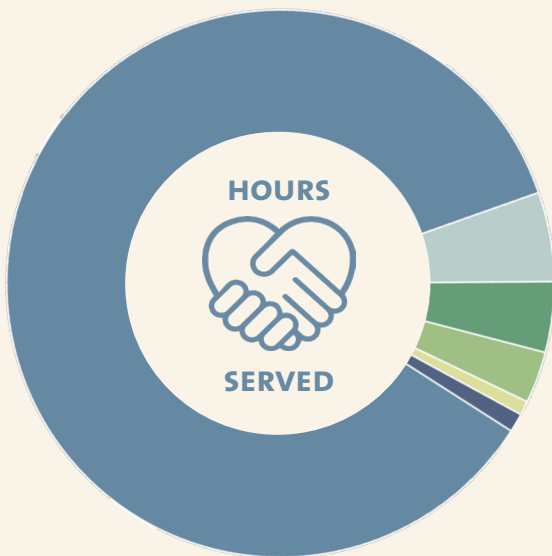
## VOLUNTEER IMPACT | 2022-2023

Volunteers are a pillar of support for Senior Services, and for the older adults participating in our programs. Because of you, the seniors we serve are able to remain at home for as long as possible, aging with dignity, and living with purpose.

**1,174** TOTAL VOLUNTEERS

▶ **47,030** HOURS

▶ **\$1,404,315.80**  
ESTIMATED VALUE OF  
VOLUNTEER TIME



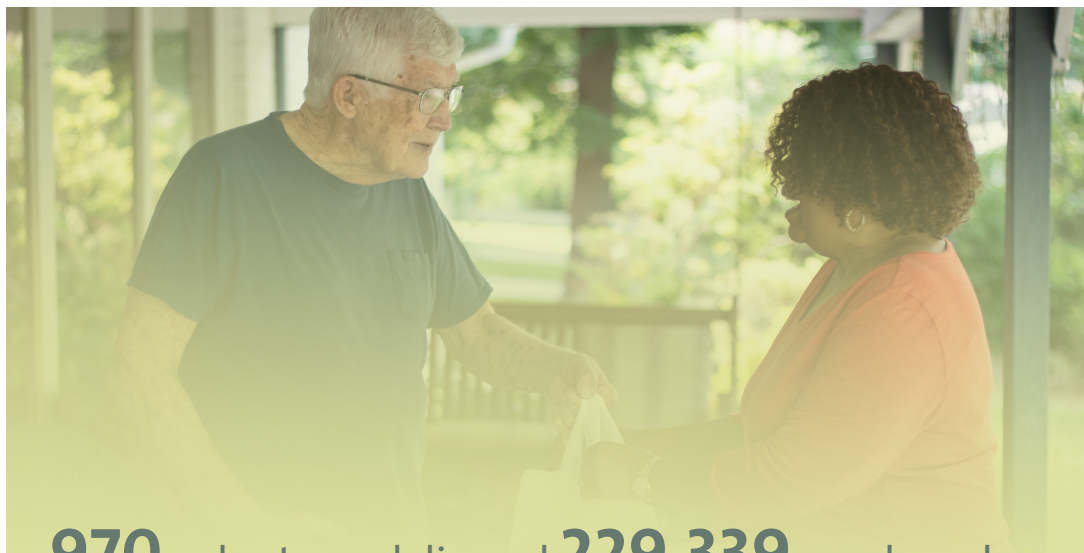
- 40,321 MEALS-ON-WHEELS
- 2,462 WILLIAMS ADULT DAY CENTER
- 1,921 CREATIVE CONNECTIONS
- 1,524 OFFICE & ADMINISTRATION
- 408 SENIOR LUNCH
- 394 MEMORY CONNECTIONS



**167** new volunteers  
joined our team

“Volunteers are cheerful, friendly, and add a caring part to my day. I don’t have relatives and appreciate their smiling faces.”

-Anonymous,  
Meals-on-Wheels participant



**970** volunteers delivered **229,339** meals and moments of connection through Meals-on-Wheels.

### IT ALL ADDS UP!

1 route per month = about **120** meals per year

1 route per week = about **520** meals per year

**98.8%** of Meals-on-Wheels participants say their home-delivered meals help them stay at home.

“Love this program, I also love to see someone that has a smile on their face every day.”

-Anonymous,  
Meals-on-Wheels participant



**77** groups engaged in volunteer service:

- ▶ Led **72** activities at the Williams Adult Day Center
- ▶ Delivered **2,925** Meals-on-Wheels routes totaling around **29,250** meals
- ▶ Sorted **25,829** comfort and care items during the Christmas in July and Remember in December item drives.



“I love seeing the new young [volunteer] faces and feeling the energy they bring.”

-Donna, Williams Adult Day Center participant

## YOU CAN JOIN OUR VOLUNTEER TEAM!

▶ Contact Tyler Smith at **336-721-6961** or [tsmith@seniorservicesinc.org](mailto:tsmith@seniorservicesinc.org).