

SENIOR SERVICES

Without the support of volunteers, we couldn't carry out our mission to help older adults remain in their homes living with dignity and aging with purpose.



IN 2019, VOLUNTEERS HAD A TREMENDOUS IMPACT ON THE LIVES OF OLDER ADULTS IN NEED.

194
NEW
VOLUNTEERS

1,500+
VOLUNTEERS

44,475
VOLUNTEER
HOURS
DONATED

\$1,130,999
ESTIMATED
VALUE OF
VOLUNTEERS'
TIME

2,700+
SENIORS
RECEIVED
SUPPORT

300,000+
MEALS AND
MOMENTS OF
CONNECTION
DELIVERED

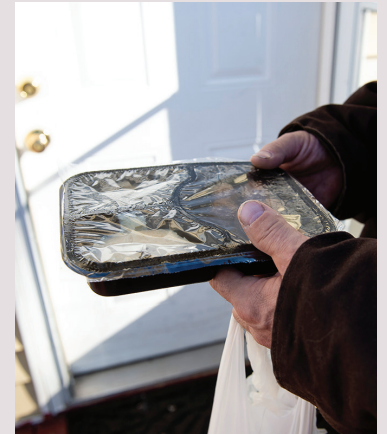
120
WILLIAMS
DAY CENTER
PARTICIPANTS
ASSISTED

406
IN-HOME
CONNECTIONS
ACTIVITIES
COMPLETED

Volunteers support thousands of Forsyth County seniors through our **Help Line, Elizabeth and Tab Williams Adult Day Center, Meals-on-Wheels, Living-at-Home, Home Care, Senior Lunch, and Connections programs.** We added 32 administrative volunteers who assist with accounting, fundraising, and community engagement activities. Because of the generous gift of time volunteers provide, older adults we serve feel less isolated as they remain at home, living with dignity and aging with purpose.



Volunteers help alleviate social isolation. Ida Mae enjoys having a volunteer visit and teach her how to paint. She is living with cancer and says, *"I love my art lessons and forget about all the pain from my cancer while I'm painting!"*



"Mrs. Betty, the last delivery on my route, once asked me for a hug. It was so touching, and now we hug every delivery, 2nd and 4th Mondays. She is an angel, the way her eyes brighten and she stretches out her arms when she sees me. It's a beautiful experience."

— Dale Braithwait,
Senior Services Volunteer

THANK YOU TO OUR VOLUNTEERS!

If you would like to become a Senior Services volunteer, contact Holly Beck at hbeck@seniorservicesinc.org or 336-721-3411.