



# IT'S CHRISTMAS IN JULY!

Basic household necessities play a role in helping seniors remain in their homes and are sometimes hard to come by for older adults living alone or with frailty.

Please help seniors in our programs by making a financial donation at [seniorservicesinc.org](http://seniorservicesinc.org) or by donating any of the comfort, care, and household help items on our wish list.

Beginning June 30, contributions and donations can be made at any Forsyth County branch of **Piedmont Federal Savings Bank** or at **Senior Services**, 2895 Shorefair Drive (Monday–Friday, 8:00 AM–4:00 PM).

For more information, visit [seniorservicesinc.org](http://seniorservicesinc.org). **Thank you!**

## Wish List

### HYGIENE & HEALTH

- Anti-bacterial liquid soap
- Adult wipes/towelettes
- Disposable underpads
- Women's incontinence pads
- Men's incontinence guards
- Small bottles of mouth wash (20 oz. or less)
- Body wash for men and women
- Desitin ointment
- Shaving cream

### HOUSEHOLD HELPS

- Paper towels
- Laundry detergent
- Dish Detergent
- Trash bags
- Lysol and cleaning wipes

### FOOD (single serving size where possible)

- Boost or Ensure (plain, vanilla, or chocolate)
- Small canned hams
- Canned meat (chicken, tuna, salmon, Vienna sausage)
- Crackers/cheese crackers
- Canned fruit
- Peanut butter/peanut butter crackers
- Cereal
- Cranberry juice (plastic bottle)
- Macaroni and cheese
- Grape jelly (plastic bottle)
- Canned beef stew
- Single-serving fruit cups/applesauce
- Soup (vegetable/ chicken noodle)
- Canned vegetables (peas, green beans, spinach, potatoes)

- Canned ravioli (Chef Boyardee)
- Pudding cups (regular and sugar free)
- Dog and Cat Food (canned or 8-10 lb. bags)

### OTHER

- Gift cards in any amount (Target, Walmart)
- Crayola markers, colored pencils, dry erase markers, and sharpies
- Watercolor and acrylic paint
- Mini hot glue sticks and glue guns
- Activity trivia books and Aquapaint sets for dementia

**SENIOR  SERVICES**



◀ **Scan to learn more.  
Thank you for caring!**

