



Active Aging Health Fair

September 21, 2016 | 1:30 pm – 4:30 pm

Join us for Active Aging Week!! The 2016 theme is "Explore the Possibilities". Let us all learn how to increase our wellbeing through nutrition, optimistic mental outlook and greater physical activity. This event will include a lot of education, healthy snacks, demonstrations and great fun from our local health care partners. Bring all your friends and family to come join us! Feel free to invite your church groups or any other organization to join us!! See you there!!

Call 336-403-1472 today to RSVP!


HOLIDAY
RETIREMENT

Creekside Terrace

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