

What Can *Elder Care Choices* do for your employees?

On-site seminars scheduled at your office in the form of "lunch and learns" or as part of a monthly staff meeting in-service can be a valuable opportunity for employees to learn more about important areas in the field of elder care as well as understand how this benefit can assist them in their daily lives. We are also happy to work with your company to design customized presentations for your organization if there are other topics of interest.

Potential Topics that Elder Care Choices staff can present:

- Caring for the Elderly; Top Ten Things You Can Do NOW to Prepare to be a Caregiver.
- Stress Management for Caregivers
- Advanced Directives, What are They and Why Do I Need One?
- Housing Options for the Elderly or Disabled.
- Caring for an Older Loved One.
- Welcome to Medicare
- Medicare Part I and II (two 1 hour seminars)
- "House Options for the Elderly; What are the Options? How much is it going to cost? and WHO PAYS FOR all THIS?"

In addition to talks *Elder Care Choices* staff members can come to your workplace and set up **an interest table** or have **on-site counseling** times (for example 45 minute time slots throughout a morning).

Also do not forget the **great resources and printed materials** that *Elder Care Choices* can offer to your employees. Some of our most popular resources are "A Family's Guide of Important Papers and Documents", "10 Most Overlooked Benefits", Checklists to use when visiting a long term care facility, and many more.

Elder Care Choices, your employee benefit, can help your employees locate resources for elderly relatives. For more information, call 336-748-2171 or 1-800-648-2171 ecc@seniorservicesinc.org