



Senior Services Stocking Drive Begins!

Clip the Wish List below as you begin your holiday shopping and remember our community's elderly in need. Bring items to Senior Services or to a Piedmont Federal office. *Your kindness and generosity will let seniors know that someone cares.*

Hygiene/Health

- Adult pull-up diapers (sizes L and XL)
- Moisture lotion
- Mouthwash
- Adult wipes
- Blue pads (Chux)
- Washable bed pads
- Shampoo
- Blood pressure cuffs
- Stethoscopes
- Non-sterile gloves (sizes S, M, L, XL)

Food

- Small canned hams
- Canned chicken, tuna or salmon
- Canned fruit or fruit cups
- Peanut butter
- Cereal
- Jell-O cups
- Sugar-free pudding cups
- ANY non-perishable food items

Household Helps

- Laundry detergent
- Paper towels
- Toilet paper

Other

- Smoke detectors
- Batteries
- GIFT CARDS in any amount! (discount or department store, pharmacy, grocery)

Please bring donated items to Senior Services or a Piedmont Federal office by December 20. Thank you!



SENIOR SERVICES
Helping Our Elderly Live With Dignity

2895 Shorefair Drive, Winston-Salem, NC
27105 **For info or directions, call 725-0907**
or visit www.seniorservicesinc.org

Piedmont
FEDERAL

For locations or directions to a Piedmont Federal office, **call 770-1000** or visit our website at www.piedmontfederal.com